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Marlene L. East, M.S., LMHC ***(FL License No. MH 5744)***

Curriculum Vitae

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| --- | --- |
| Professional  Experience | February 2002-Present EAST Counseling Services, Inc. Panama City Beach, FL  Licensed Mental Health Counselor/Psychotherapist in Private Practice  Counseling services for children, individuals, couples and families.  Specialties in Adoption Issues, AD/HD, Mood Disorders, Grief/Loss Issues,  Play Therapy, Sexual Abuse, Trauma & Abuse Issues, Separation/Divorce/Blended Families  August 2001-Dec 2001 KIDS Counseling & Consultation Panama City, FL  Clinical Coordinator  Supervise counseling staff for ITOS services (Intensive Therapeutic On-Site Services: In home behavioral-oriented counseling for children and teens with moderate to severe emotional disturbance)  Conduct Bio-psychosocial Evaluations  Write In-Depth Behavioral and Emotional Assessments  Diagnose mental health disorders using DSM-IV TR and DSM-PC  Write Treatment Plans  Monitor compliance with Medicaid, ADM and other regulations  Oct 2000 – June 2001 Coastal Recovery Centers, Inc. Arcadia, FL  Clinical Therapist, Victims of Crime Act Services (VOCA)  Provided professional counseling for primary and secondary victims of crime including: Survivors of sexual abuse, domestic violence, rape, assault, elder abuse, homicide, and families of persons killed in DUI-related crimes.  Prepare victims of crime for testifying in court.  Aug 1996– Oct 2000 Larry Shrier Counseling Offices Palm Beach Gardens, FL  Licensed Mental Health Counselor/Psychotherapist  Play therapy/counseling for children  Counseling for individuals, couples and families  Counseling members of the adoption triad  Trauma Counseling for individuals with PTSD  Diagnosing and treating ADHD  Testing/Evaluation |
|  | Sept 1999– May 2000 Palm Beach Atlantic College W. Palm Beach, FL  Adjunct Professor in School of Education & Behavioral Studies, The Graduate Counseling Psychology Program  Family Theory & Counseling Techniques, Spring 2000  Counseling Skills I, Fall 1999 |
|  | Jan 1997- May 1999 Jupiter Christian School Jupiter, FL  School Counselor: Counseling for learning, behavior, emotional and family issues  Play therapy for preschool and elementary school students  Individual counseling for middle and high school students  Counseling for parents, faculty and staff |
|  | Sept 1985- Jan 1996 GA Lions Lighthouse Foundation, Inc. Decatur, GA  Executive Director  Consultant (Jan to Dec 1996 to mentor new executive director)  Management and Administration  Meeting Planning  Public Relations  Human Resources  Special Event Planning  Fund Raising/Grant Writing  Mar-Dec 1992 AlphaCare Therapy Services, Inc. Marietta, GA  Counselor Intern & Conference Manager for International Counseling Conference  Counseling individuals, couples and families as part of practicum/internship  requirement for GA State University  Conducting client intake  Serving as Conference Manager on Steering Committee for 2nd International Conference on Christian Counseling (2,500 Attendees)  Sept 1984- Aug 1985 Lighthouse for the Blind West Palm Beach, FL  Vocational Evaluator/Placement Specialist  Evaluating and training visually impaired persons for employment  Networking with businesses to secure employment and make necessary  modifications for visually impaired employees  Counseling clients adjusting to vision loss |
| Education | Fall 2012- University of West Florida Pensacola, FL  Doctoral student in Ed.D Program, Instructional Technology Specialization.  Jan 1987 – Dec 1992 GA State University Atlanta, GA  Master of Science in Community Counseling, Marriage and Family Emphasis  ***3.90 GPA***  Sept 1980 – May 1984 Palm Beach Atlantic College West Palm Beach, FL  Bachelor of Science Degree: ***3.87 GPA***  Psychology Major  Also completed 30 hours of Elementary Education Courses  Sept 1976 – June 1980 DeSoto County High School Arcadia, FL  Valedictorian: ***4.36 GPA*** |

# **PRESENTATIONS BY MARLENE EAST, LMHC**

September 2002 Panama City Beach, FL

Talking to Your Kids about Child Abductions, an “expert” Television Interview with NEWS 13.

July 23, 2002 Gulf Coast Community College, Lifelong Learning Panama City, FL

**Stress Management**, A 4 Hour Seminar for Bay County Employees

May 28, 2002 Panama City Beach, FL

**Healthy Relating: Communication Skills, Managing Anger, Improving Intimacy**, Seminar for Employees and Active Duty Personnel at Coastal Systems Station (Navy Base). **(2 hour class)**

May 7, 2002 Panama City Beach, FL

Coping with Change, Continuing Education Course for Contracts and Agreements Employees at Coastal Systems Station (Navy Base), primarily Bachelor’s and Master’s level scientists and engineers. (2 hour class)

November 2001 Panama City Beach, FL

Kids and Cheating, an “expert” Television Interview with News Anchor Kate Mundy, NEWS 13.

October 2001 Panama City Beach, FL

**How to Talk to Your Children about War,** an “expert” Television Interview with News Anchor Chris Cato, **NEWS 13**: A two-part series: 1) Talking with Younger Children About War 2)Talking with Teens About War.

May 2001 Arcadia, FL

**Healthy Touch: Facts About Sexual Abuse** (2 hour class)

September 2000 Palm Beach Gardens, FL

**Adoptive Families: Emotional Issues for Healthy Family Functioning** (4 hour class)

May 2000 Tequesta, FL

**Play Therapy** (An In-service Training Presented to Staff at Sandy Pines Hospital)

May 1997, May 1999 North Palm Beach & Jupiter, FL

**Helping Children Deal With Divorce**

Feb 1997 North Palm Beach, FL

**Positively Parenting**

Jan 1997 Lake Park, FL

**Building a Flourishing Relationship Between Parent and Child**

Nov 1996 North Palm Beach, FL

**How and When To Teach Your Kids About Sex**

Winter 1995 Marietta, GA

**Let’s Talk, Couples Communication Workshop**

Winter 1992 Marietta, GA

**Active Parenting, A 6 Week Parenting Course**

**CONTINUING EDUCATION/certifications**

ADMINISTRATION/supervision

Jan 2002 Issues in Supervision-16 hrs Sarasota, FL

State of FL Approved Supervision Course. Certified Supervisor for Registered Mental Health Counselor Interns.

Oct 1991 Various Seminars Atlanta, GA

International Conference on Volunteer Administration

Nov 1989 Various Seminars Atlanta, GA

AMTEC-Association & Membership Organization Technology Exposition & Conference

Fall 1987 by United Way Atlanta, GA

MANAGE: Managing a Not-for-Profit Agency: Guidelines for Excellence

A 6-week intensive training program for executive directors

children & Teens

Mar 2009 CE-Credit.Com Online Course, 17 CEU

The Bipolar Child, The Definitive and Reassuring Guide to Childhood’s Most Misunderstood Disorder, based on book by Demitri Papolos, M.D., and Janice Papolos

Nov 2004 CE-Credit.Com Online Course, 2 CEU

Emotional Needs of Gifted Children

Sept 2001 CFARS Certification Panama City, FL

Completed Certification in Children’s Functional Assessment Rating Scale, a MEDICAID assessment form used in mental health services for children in Florida. Rater #802-002-568. 4 Hour on-line training and test.

Sept 1999 by Bridgette White-Chase, M.A., LPC Nashville, TN

Helping Families with Drug Addicted Adolescents

Oct 1996 Center for Family Services/Sandy Pines Tequesta, FL

Play Therapy Seminar

critical incident response / critical incident stress debrifing / employee assistance programs

Jan 2012 Crisis Care Network 3 CEU

Best Practices in Critical Incident Response in the Workplace, Certificate #1117029692

Jan 2012 Crisis Care Network 3 CEU

Victim & Family Assistance in the Wake of Mass Disasters: Training for Behavioral Health Professionals. Approved for membership in Crisis Care Network’s Disaster Assistance Response Team (DART).

Nov 2000 Florida Crime Prevention Training Institute, Ft. Lauderdale, FL 24 CEU

Victim Service Practitioner Designation Training

Oct 2000 National Organization for Victim Assistance NOVA, Atlanta, GA 40 CEU

National Community Crisis Response Training Team

Nov 1997 by Dwight Bain, M.A., NCC, Orlando, FL 3 CEU

Managing Critical Incidents: Survival Strategies for Traumatic Events

DIAGNOSIS/TREATMENT

Jan 2009 by CE-credit.com Home Study 3 Hour CE

Menopause Guidebook

Jan 2009 by CE-credit.com Home Study 1 CE Hour

Social Anxiety Disorder and Alcohol Abuse

Jan 2007 by Affect Plus Home Study 16 CE Hours

Cognitive-Behavioral Therapy for Bipolar Disorder, Second Edition

Jan 2007 by Affect Plus Online 3 CE Hours

The Importance of Understanding Loneliness

Nov 2004 CE-Credit.Com Online Course 2 Hour CEU

Identifying & Treating Attention Deficit Hyperactivity Disorder

Sept 1999 by Mark Crawford, Ph.D. Nashville, TN

Current Trends in Diagnosis & Treatment of Adult Attention-Deficit Hyperactivity Disorder

Sept 1999 Michael R. Lyles, M.D. Nashville, TN

Treating Psychiatric Disorders in Women

Jan 1997 Palm Beach Atlantic College W. Palm Beach, FL

Psychopathology (Graduate Course for Florida Licensure Requirements)

degree courses taken towards doctorate in education, specialization in instructional performance technology, university of west florida

Fall 2012 Educational Research 3 Credit Hours

Fall 2012 Social Justice & Inequities 3 Credit Hours

Fall 2012 Psychological Foundations for Instruction: 3 Credit Hours

Cognition, Curriculum & Instruction

Spring 2013 Philosophical & Multicultural Foundations 3 Credit Hours

Spring 2013 Educational Statistics I 3 Credit Hours

Spring 2013 Instructional Management & Technology 3 Credit Hours

Summer 2013-in process Educational Statistics II 3 Credit Hours

Summer 2013-in process Directed Study: Instructional Performance Technology 3 Credit Hours

Course Design

Summer 2013-in process Instrument Development & Validation 3 Credit Hours

grief/Loss/disabilities

Sept 2004 Professional Development Resources Inc. Online Course 5 Hour CEU

Magical Thoughts of Grieving Children

July 2000 Palm Beach Community College Palm Beach Gardens, FL

HIV/AIDS Education

Nov 1997 by David Stoop, Ph.D. Orlando, FL

Working With Issues of Loss-How Men and Women Differ

October 1990 Various Seminars Washington, DC

National Conference on Visual Impairment

Marriage/Family/PARENTING/CUSTODY

Sept 2006 by Psychoeducational Resources, Inc. Online 1 Hour CE

Recreating Partnership: A Solution-Oriented Collaborative Approach to Couples Therapy

Sept 2006 by Psychoeducational Resources, Inc. Online 2 Hour CE

The Challenge of Co-Parenting: Helping Split Couples to Raise Healthy Kids

Mar 2005 by Highland Psychological Services Online 10 Hour CE

Conducting Scientifically Crafted Child Custody Evaluations

Nov 1997 by Donald Harvey, Ph.D. Orlando, FL

When the One You Love Wants to Leave: Helping Clients Deal With Marital Separation

Nov 1997 by Tom Rodgers M.A. & Bev Rodgers M.S. Orlando, FL

Facing Mission Impossible: How To Work Effectively With Really Difficult Couples

Nov 1997 by Donald Harvey, Ph.D. Orlando, FL

Surviving Betrayal: Counseling an Adulterous Marriage

Nov 1997 by Timothy Clinton, Ed.D, LPC Orlando, FL

Anger: Seeing Red in the Heat of Life

Nov 1997 by David Stoop, Ph.D. Orlando, FL

Forgiveness as the Focus Point of Therapy

Feb 1992 Various Seminars Orlando, FL

North American Society of Adlerian Psychology Conference

PERSONALITY DISORDERS

Feb 2002 by Dr. Lisa Daniels, PhD Panama City, FL

Borderline Personality Relationship Functioning & Child & Adolescent Depression (4 CEU’s)

professional issues

Jan 2013 by Elite CME, Inc. Online 2 Hour CE

Ethics and Boundaries

Jan 2013 by Elite CME, Inc. Online 2 Hour CE

Prevention of Medical Errors

Sept 2010 by Elite CME Inc. Online 30 Hour CE

30 Hour Course for Mental Health Professionals covering: *Medical Errors, Professional Values & Ethics, Eating Disorders, Diagnosis of Mental Illness in the Elderly, Grief of Family Members During Separation and Divorce, Teen Suicide Trends, Bullying in Children and Youth.*

Sept 2008 by Consultants for the Future Online 3 Hour CE

Ethics and Boundary Issues for Mental Health Practitioners

Sept 2008 by Consultants for the Future Online 2 Hour CE

Prevention of Medical Errors

Jan 2007 by Affect Plus Online 4 Hour CE

Ethics for Counselors, Do You Know the 2005 ACA and NBCC Code of Ethics?

Sept 2006 by Affect Plus Online 2 Hour CE

Prevention of Medical Errors, State of FL, Required Continuing Education Course

Mar 2005 by Karen A Smith, MAP, LMFT, CAP, MAC Online 2 Hour CE

Prevention of Medical Errors, State of FL, Required Continuing Education Course

Nov. 5, 2002 by Kimberly Adams, R.N. Panama City, FL 2 Hour CE

Prevention of Medical Errors, State of Florida Required Continuing Education Course

Nov 1997 by Gary Collins, Ph.D. Orlando, FL

The Road Forward: Counseling in the New Millennium

Nov 1997 by Grace Ketterman, M.D. Orlando, FL

Safe to Share, Being a Person With Whom Others Feel Safe

sexuality/sexual abuse

Nov 2004 by CE-Credit.com Online 2 Hour CE

Parenting the Sexually Abused Child

Jan 2001 University Behavioral Center at Coalition for Families Sarasota, FL

Children & Adolescents Who Molest Children, 5 Hour Course

Nov 1997 by Steve Hodges, M.A., LPC Orlando, FL

Journey to Peace: Help for Spouses of Sex Addicts

Nov 1997 by Doug Roseneau, Ed.D Orlando, FL

Creating Sex Intimacy

Jan 1997 Palm Beach Atlantic College W. Palm Beach, FL

Human Sexuality (Graduate Course for Florida Licensure Requirements)

May 1992 GA Council on Child Abuse Atlanta, GA

Treatment of Adult Survivors of Sexual Abuse

trauma / violence/ domestic violence / intimate partner violence

May 2013 Military One Source Online 2.25 CE Hours

The Impact of Deployment and Combat Stress on Families and Children, Part I: Families & Deployment

Jan 2013 by Elite CME, Inc. Online 2 CE Hours

Domestic Violence

Jan 2012 Crisis Care Network Online 3 CE Hours

Victim & Family Assistance in the Wake of Mass Disasters: Training for Behavioral Health Professionals

Jan 2009 by Ce-credit.com Home Study 2 CE Hours

Working with Survivors of Torture: Approaches to Helping

Sept 2006 by Professional Development Resources Inc. Online 1 Hour CE

Domestic Violence I: Child Abuse

Sept 2004 by Professional Development Resources Inc. Online 2 Hour CE

Domestic Violence II: Intimate Partner Violence

Sept 1999 by Dan B. Allendar, Ph.D. Nashville, TN

Countertransference and Trauma

Sept 1999 by Peter B. Dyck, M.D. Nashville, TN

Treatment of Post Traumatic Stress Disorder: Ministering to Body, Soul & Spirit

Sept 1999 by Barbara W. Shaffer, Ph.D. Nashville, TN

Treatment Interventions in Domestic Abuse

### **CREDENTIALED IN-NETWORK PROVIDER FOR THE FOLLOWING HEALTH INSURANCE COMPANIES AND EMPLOYEE ASSISTANCE PROGRAMS (EAP):**

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| --- | --- | --- |
| Blue Cross Blue Shield | Cigna Behavioral Health | United Behavioral Health |
| TriCare-Value Options | Aetna | Companion Group |
| CorpHealth | Group Resources | Humana Choice Care/LifeSynch |
| Magellan Behavioral Health | MH Net | New Directions |
| PHCS MultiPlan | Values Options | Behavioral Health Systems |
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### **VOLUNTEERISM**

2011-2012 Band Booster Volunteer, Grant Director & Photographer Panama City Beach, FL

**Arnold High School Blue Thunder Band**

2001-2009 Volunteer, Parade Integration Co-Chair Atlanta, GA

Served as co-chair of Integration (Integrating floats, specialty units, VIP cars, bands and animals into telecast zone) with spouse, Ray East, for Argonne Parades and WSB-TV in various parades including annual Children’s Healthcare of Atlanta Christmas parade, Oklahoma Centennial Parade in October 2007 and annual Salute2America 4th of July parades.

February 2007-May 2008 Arnold High School Collegiate Studies Program Panama City Beach, FL

Parent Advisory Council, President

Helped found the organization in February 2007 and served as President of the Board of Directors for the 2007-08 school year.